

Bachelor of Arts in Integral Transpersonal Psychology (ITP-BA)

Welcome to our B.A. Completion Program for a concentration in Psychology. This program is open to all Ubiquity students. Students coming from accredited schools with the equivalent of 75% of a Bachelor's qualification may apply for a **one year B.A. CAPSTONE of 10 courses**. B.A. Capstone students need to take 5 core courses and 5 elective courses to receive a B.A. degree in Psychology from Ubiquity University. All core courses must be taken from the Ubiquity core course list below. Elective course can be taken from both Ubiquity and from the Integral Transpersonal Institute (ITI) and other accredited schools participating in this program in partnership with Ubiquity and ITI.

This program is being offered as a partnership between Ubiquity University and the Integral Transpersonal Institute in Milan, Italy.

For further information please contact Constantina Clark, Director of Admissions, Ubiquity University, at constantina.clark@ubiquityuniversity.org or Pier Luigi Lattuada, Founder and Director of Integral Transpersonal Institute, at biotransenergetica@gmail.com

All students must apply through Ubiquity University Admissions at **LINK**

DIRECTOR

Pier Luigi Lattuada, M.D., Ph.D.

CORE FACULTY

Jure Biechonsky, Msc.

Giovanna Calabrese, M.D., Ph.D.

Regina U Hess, Ph.D.

Steven Schmitz, Ph.D.

MISSION STATEMENT

To effectively bring integral transpersonal psychology and education to the global community.

VISION

Integral comes from the Latin *integrum*, from *in*, meaning “not” and *tang-ere*, meaning to touch: not touched, nothing has been taken away, where nothing is missing, full, pure, honest, uncorrupted. The transpersonal approach proposes a new innovative way of thinking which transcends the dualisms of the rational mind and includes the larger ecofield beyond the individual person. It is supported by unitive consciousness, an intuitive, new way of being. This unique synergy can grasp the unity beyond dualisms. In a dynamic world, the combined approach of integral and transpersonal brings the proper tools to move with pure intent and an open mind, unified and interconnected, while knowing and respecting the laws that regulate it.

ABOUT THE BACHELOR PROGRAM

This B.A. program is designed for young people in the spirit of innovation and fresh ideas, who know that they have a present and a future as protagonists, innovators, and cultural creatives. They aspire to be at the frontier of a new culture of sharing and collaboration that can include and transcend the dualisms, as well as the differences and conflicts of the larger system they find themselves within and within themselves.

UBIQUITY'S INTEGRAL APPROACH TO LEARNING

The dualistic separation between theory and practice, mind and body, action and feeling, male and female, past and future, matter and consciousness, traditional and scientific, academic and experiential is overcome in a transformative teaching methodology. This methodology is a new approach that teaches the transpersonal practice of how to “make the two one.”

This Program will follow the Ubiquity's integral teaching methodology: along with reading texts, there will also be learning technologies for the mastery of inner experience, the management of emotions and their states of consciousness, enhancing interpersonal relationships, and practical application projects in the social context through real life mission and game scenarios.

1. Academic Study

Extensive study, including tests and creative assignments, will be based upon ancient wisdom traditions, post-conventional thinking, and the transpersonal paradigm. Students will master the different schools and approaches to psychology and psychotherapy and be conversant with the latest theories of personal development and spiritual mentoring, including practices based on earth consciousness and ecological sensitivities.

2. Self Mastery

All students are given the opportunity to complement their academic study with an exploration of various techniques and practices that foster conditions for moral development, personal growth, and development of their emotional, spiritual, social and spiritual intelligences. Through Self Mastery, students will be introduced to the understanding of the world that both modern physicists such as David Bohm as well as the wisdom traditions of humanity considered to be essential to living the authentic life:

- Knowledge that takes place in the entirety of the body, in its cells as well as in the emotions and mind, and in expanded states of consciousness.
- A learning that is achieved through mastery of felt-sense experiences: awareness of proprioceptive, kinesthetic, and visceral signals.
- A learning that facilitates the ability to work through emotional personal history – through traumas and wounds.
- A learning that includes empathic identification, experiences of archetypal order, elemental, unconscious, symbolic, imaginal processes, and psychic as well as mystical experiences.

3. Real Life Missions

As with all Ubiquity programs, students will be involved in a real-life change project, designed to make a positive impact towards a world that works for all. Each course involves a Mission in which students participate together on projects of relevance to their lives.

LEARNING OUTCOMES

By the end of the program, students should be able to:

1. Explore beyond the mind, to include and transcend conventional thinking in a post-conventional way, to switch from the dual code of the rational consciousness to a unitive code and an intuitive, integral, transpersonal order.
2. Engage their inner experience and be increasingly guided from within, from the authentic self, and less from induced needs, fears and false images of self and society.
3. Describe a full-spectrum psychology that studies a continuum of human experience and behavior ranging from mental and emotional illness at one end, to what is generally considered “normal.”
4. Explore the transcendent dimensions of human experience, the nature and meaning of deep religious and mystical experiences, non-ordinary states of consciousness, and to explain how we might foster the fulfillment of our highest potentials as human beings.
5. Think across disciplines and draw on insights from not only the various areas of psychology, but also the sciences of cognition, consciousness, and the paranormal; philosophy; social and cultural theory; integral health theories and practices; poetry, literature, and the arts; and, the world’s spiritual and wisdom traditions.
6. Develop and describe their ability to let go of control in order to find the Self; to look beyond the ego’s beliefs to a creativity motivated to find the right answer here and now and the right action to make effective choices.
7. Bring increasing creativity to problem solving, asking critical questions, resolving important issues, and finding the “ally” in the “enemy.”

CLASS PARTICIPATION AND GRADING

The Ubiquity learning system is based on collaboration, not competition. Students are encouraged to work and study together, to take their quizzes and tests together, and to work on their creative assignments together. The latest studies on learning demonstrate that the more students collaborate, the more they learn, the longer they remember what they learned, the higher their scores are, and the better they feel about themselves and their peers. Ubiquity encourages full collaboration between students who are encouraged to cluster in self selected groups and all share in a common grade. It takes a village to have a proper education.

CORE COURSES FOR B.A. CAPSTONE PROGRAM AND MAJORS IN PSYCHOLOGY

Core Courses (student must choose five courses)

1. Introduction to Psychology (Dana Klisanin, UU)
2. The Living Universe (Duane Elgin, UU)
3. Clinical and Dynamic Psychology (Jure Biechonsky, ITI)
4. General Psychopathology (Regina U. Hess, ITI)
5. Integral Approach to Human Development (Regina U. Hess, ITI)
6. Foundations of Integral Transpersonal Psychology (Pier Luigi Lattuada, ITI)
7. Theory and Methods of Integral Transpersonal Psychology (Pier Luigi Lattuada, ITI)

Electives Courses (Students must choose five courses)

1. Science and the Mind (Andrew Kornfeld, UU)
2. Integral Theory and Practice (Ken Wilber, Clint Fuhs, UU)
3. Critical Thinking (Linda Elder, UU)
4. Full-Spectrum Communicatiuon (Dea Willow, UU)

5. Personal Health and Vitality (Deb Zucher, UU)
6. Skill Sets for the Great Transition (Duane Elgin, UU)
7. Introduction to Indigenous Wisdom (Will Taegel, UU)
8. Great Books of World Wisdom Traditions (Jim Garrison, UU)
9. The Integral Transpersonal Approach (Pier Luigi Lattuada, ITI)
10. Transpersonal, Humanistic and Existential Psychology (Jure Biechonsky, ITI)
11. History and Principles of Transpersonal Psychology (Steven Schmitz, ITI)
12. Transpersonal Education (Jure Biechonsky, ITI)
13. Biological Bases of Behavior: Psychobiology and Neuroscience (ITI)
14. Social Psychology (ITI)
15. Personality Theory (ITI)
16. Eco-Psychology (ITI)
17. Olo-Somatic Psychology (ITI)
18. Foundation of Counseling (ITI)
19. Story of Counseling (ITI)
20. Ethno-Psychology (ITI)
21. Integral Transpersonal Arts and Theatre (ITI)

As the program develops, more courses and faculty will be added.

To apply for this program, please apply at Ubiquity University Admissions **LINK**